

Katrina Lempenski – Senior Client Lead

Driven by an ethos of self-reliance and collectivism, Katrina is a growth coach and consultant who guides the potential of self-actualized leaders. With a decade of experience in economic and business development, her work drives change and creates global economic prosperity.

Through her experience counseling leaders of cities, states and countries, as well as numerous corporate executives, Katrina administers trusted advisory and assesses human behavior amongst leaders operating in a heightened public capacity. Understanding the rhythm of both economics and psychology, she delivers training and coaching programs that improve organizational performance while effecting positive societal change. Katrina's expertise includes consulting and coaching program delivery to an array of Governmental Ministers/Foreign Leaders from Europe, Asia Pacific, and South America. A sample of her training engagements include: The Australian Federal Government, Governments of Texas, Japan, Portugal, Puerto Rico and Mexico.

Coaching Approach

As a Positive Psychology practitioner, Katrina advocates her clients lead from their innate strengths and values. Her style is both warm and pragmatic, focusing on defining behavioral blockages that impede purposeful and constructive action. By instilling a resilient mindset, Katrina empowers leaders to use adversity to their advantage while actualizing their unique potential.



Professional Highlights

Vice President, Client Growth, The Paradox of Leadership
Founder, The Eden Collective
Investment Director, The Australian Federal Government
Director, Development Counsellors International
Program Facilitator, National Alliance Against Mental Illness

Educational Highlights

Certified Positive Psychology Practitioner, The Flourishing Center
Coaching Certification Candidate, Martha Beck Institute
BSBA, The College of Saint Rose